

**Sacred Heart Loretto Annual
4th of July Picnic**

On Saturday, July 4th, we will host a variety of fun events throughout the day. There will be baked goods, games, a beauty pageant, homemade corn dogs, an online auction, a bike parade, as well as BINGO in the evening. We invite you to bring your family and friends to join us for a fun-filled day!

In 1989, the Independence Day 5k was added to the list of picnic events to celebrate the holiday. Since then, more than 4000 runners have taken part in this annual event.

This year, we are excited to announce that the Independence Day 5 K and Fun Run will once again be a fully in-person event. Registration on the day of the event will begin at 6:30 am, and the 5k will begin promptly at 8:00 am. The Fun Run will take place once the 5k is complete.

All proceeds from the event will benefit Sacred Heart Youth Groups and Outreach Programs. We appreciate everyone's support and participation!

**SAVE
THE
DATE**

**Saturday
07.04.26**

8:00 A.M.

**Sacred Heart Church
Loretto, IN**

*We Appreciate
Your Support*



July 4, 2026 ★ Loretto, TN

**Saturday
JULY 4, 2026**

*Sacred Heart Church
301 Church Street
Loretto, Tennessee*

**5K RACE TIME: 8:00 A.M.
1 Mile Fun Run: To Follow**

Welcome to the 37th Annual Independence Day 5K

We are excited to announce that this year's Independence Day 5K and Fun Run will be a fully in person event! We will run in person on Saturday, July 4th 2026.

To pre-register for the Independence Day 5k please go to www.independenceday5k.com

You may pre-register online by June 30th for \$30 to save time and guarantee your t-shirt. After this, online registration will be closed, and you will need to register on the day of the event.

**Thank you for your Support of the
Independence Day 5k**

T-shirts for all Paid Participants

Pre-registered Runners will be guaranteed the right size shirt the day of the event. If shirts run out on race day you may pick up shirts 2 weeks after the race.

5K

1st and 2nd Place Prizes Will Be
Awarded to the Following
Male & Female Age Groups in 5k
0-14, 15-19, 20-29, 30-39, 40-49, 50-59,
60-69, 70 and over
Best Overall, Masters, & Grand Masters

1 Mile Fun Run

12 Years & Under

Awards

1st & 2nd place in each age
category

\$15 Fun Run Entry Fee

IN PERSON REGISTRATION & ENTRY FEE

\$30 Pre-Register by June 30th

\$35 Day of Race

Race Day Registration:

6:30am-7:30am

FOR EARLY REGISTRATION

Mail/Drop Off Entry Forms & Checks

Sacred Heart Church

301 Church Street, Loretto, TN 38469

IN PERSON ONLINE REGISTRATION:

www.independenceday5k.com

Click IN PERSON Option

FOR MORE INFORMATION CALL:

Parish Office: 853-4370

IN PERSON REGISTRATION

Make Checks Payable to:

Sacred Heart

Name: _____

Sex: _____ Age on Race Day: _____

DOB: _____

T-Shirt Choice (Circle One)

YS YM YL

AS AM AL AXL AXXL

5K _____ Fun Run _____

Address: _____

City: _____

State: _____ Zip _____

Email: _____

Phone: _____

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically stable and properly trained. I agree to abide by any decisions of race officials relative to safely compete in the run. I assume the risks associated in this event, but not limited to falls, contact with another runner, the effects of the weather, including high heat and humidity, traffic and other road conditions. Having read this waiver, I for myself and anyone entitled to act on my behalf, waive and release THE TENNESSEE RIVER ATHLETIC CLUB, SACRED HEART SCHOOL and CHURCH, and ALL SPONSORS, and their representatives and successors from all claims of liability of any kind arising from participation in this event. I grant permission to all of the foregoing to use photographs, motion picture recording, or any other record of this event for legitimate purposes.

Signed: _____

Date: _____