

# INDEPENDENCE DAY VIRTUAL/HYBRID 5K ENTRY FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

**5K Pre-Register by June 30th: \$25 for 5k      Day of the Race: \$30 for 5k**

Race Day Registration will start at 7:30 am

## T-Shirt Size (PLEASE CIRCLE ONE)

**YS YM YL AS AM AL AXL AXXL**

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically stable and properly trained. I agree to abide by any decisions of race officials relative to safely compete in the run. I assume the risks associated in this event, but not limited to falls, contact with another runner, the effects of the weather, including high heat and humidity, traffic and other road conditions. Having read this waiver, I for myself and anyone entitled to act on my behalf, waive and release THE TENNESSEE RIVER ATHLETIC CLUB, SACRED HEART SCHOOL and CHURCH, and ALL SPONSORS, and their representatives and successors from all claims of liability of any kind arising from participation in this event. I grant permission to all of the foregoing to use photographs, motion picture recording, or any other record of this event for legitimate purposes.

**Signature:** \_\_\_\_\_  
(Signature of Parent or Guardian if participant is under 18)

**Date:** \_\_\_\_\_

**Make checks payable to: SACRED HEART Independence Day 5K**

**Mail to:** Independence Day 5K: Sacred Heart School; 305 Church Street, Loretto, TN 38469

\_\_\_\_\_ I will be picking up my t-shirt and medal on Saturday, July 3rd so that I can register for a chance to win \$100.

\_\_\_\_\_ I want my t-shirt and medal shipped to me, I understand that I won't be able to register to win \$100 the day of the event.